

Youth Red Cross (YRC) is part of the International Red Cross Organisation meant for Humanitarian services established in 1863 by Jean Henry Dunant. Its headquarters is in Geneva, Switzerland. It is a non-religious, non-political and non-sectarian international body. The International Red Cross world-wide functions on the seven fundamental principles of Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity and Universality. The YRC being the most important constituent of its mother organization, i.e. Indian Red Cross Society, is a student movement organized for students in Colleges, Technical Institutions and Universities. The objectives of the YRC are to impart a sense of discipline and formation of character to the students. YRC unit aims to help the students in shaping and moulding their personality and developing their leadership qualities in serving the needy and vulnerable.

## **SREE SIDDAGANGA COLLEGE OF EDUCATION**

Sree shivakumara swamiji Road, Tumakuru-02

# **Youth Red Cross Wing**

**Report- 2023**



Objectives

- To develop an awareness about importance of yoga.
- To orient the student teachers towards keeping good health.
- To help them to understand oneself to maintain good mental hygiene.
- To extend helping hand to the needy.
- To make them a responsible member in the family and society.

**Members of Youth Red Cross Wing  
SSCE, Tumakuru-02**

## 2023-2024

<b>Sl. No.</b>	<b>Name</b>	<b>Designation</b>	<b>Contact Details</b>
1	Dr. Jagadeesh Kumar Principal	Chairman	9448631380
2	Sri P. Shambulingaswamy Lecturer	Convenor	9448899190
3	Dr. Jyothi.B.Panth Assistant Professor	Member	9448881706

**Report**

Following programmes were conducted for the accomplishment of the above objectives :-

- Everyday thought for the day was organised in the morning prayer, where each student on their date of presentation reflected on the thoughts of great philosophers and educationists.
- On 21<sup>st</sup> June 2023, International Day of Yoga was celebrated by organising “A workshop on Yoga” for I semester student teachers. Smt. Shantakumari, Yoga Instructor, Sri Patanjali Yoga Shikshana Samiti, Tumakuru was the Yoga Expert for the Workshop. Kumari Lavanya H.P., student teacher, I semester demonstrated the yogasanas with the guidance of the yoga expert. Dr. Jagadeesh Kumar, Principal, SSCE was the President of the occasion. All the I Semester student teachers followed the instructions and demonstrations and performed different asanas.
- On 11<sup>th</sup> October 2023, A talk on “Teacher as a Counsellor” was organised for both II & IV semester student teachers. Dr. Lokesh Babu, Pshychiatrist, Sneha Manovikasa Kendra, Tumakuru was the Resource Person and Dr. R Girija, Assistant Professor was the President of the occasion.
- On 21<sup>st</sup> October 2023, Visit to Sri Shiradi Sai Baba Old Age Home, Maidala was organised. All the members of staff, student teacher (II & IV semesters) participated in this event by interacting with the caretaker and the destitute and offered working lunch to everyone. The principal, staff and student teachers distributed the necessary materials like bedsheet, head cap, clothes to the destitute in the old age home.



